



Chepping Wycombe and Hazlemere
Neighbourhood Action Group (NAG)

DON'T BE FOOLED – DRUGS ARE BEING MADE TO LOOK LIKE SWEETS 🍬🍭



The purpose of this document is to help primarily parents, grandparents, guardians, and carers recognise the most common illegal drugs that are available, their effects, and where to obtain help if needed.

Illegal drugs fall into different categories:

- ☐ depressants
- ☐ stimulants
- ☐ hallucinogens



They can result in serious consequences including:

- ☐ addiction
- ☐ destruction of lives, families, relationships
- ☐ debt
- ☐ physical, emotional and mental harm
- ☐ leading to crime
- ☐ memory loss
- ☐ psychosis
- ☐ schizophrenia
- ☐ paranoia
- ☐ paralysis
- ☐ death

The most common drugs available include:



Warning signs to look for

- Sudden mood swings or irritability
- Change in sleeping or eating habits
- Drop in school performance
- Withdrawing from family or old friends
- Secretive behaviour or lying
- Missing money or valuables

(these are signals to pay attention to, not proof of drug use)

Accessibility

These days, drugs can be obtained online as well as via pushers who often operate outside schools.

On-line orders get delivered to agreed local places and one often sees deliveries by motorcyclists and car drivers.

In order to entice children, they are marketing them to look like sweets.

UK MENU 🇬🇧

LEMON HAZE 🍋 €25

COOKIE DAWG 🐶 €25

BLUE CHEESE 🧀 €30

ICE CREAM CAKE 🍦 €30

THIN MINT COOKIE 🍪 €30

SOUR CHEM 🍷 €30

BISCOTTI 🍪

BLUE SHERBET 🍷 €30

KOSHER KUSH 🍷 €30

SHERBET KUSH 🍷 €30

LEMON HAZE €25

COOKIE DAWG 🐶 €25

BIRTHDAY CAKE 🍰 €25

BLUE CHEESE 🧀 €30

KOSHER KUSH 🍷 €30

NUKEN KUSH 💣 €30

SHERBET COOKIES 🍪 €30

BUBBLEBERRY 🍷 €30

GELATO CAKE 🍰 €30

📦 8 DIFFERENT ONES
2000 📦

UK OZ MENU 28G 🇬🇧

COOKIE DAWG 🐶 €180 – £180 –

What can you do

- Remain calm, respond do not react
- Talk early and often, dialogue builds trust
- Set boundaries but focus on support not punishment
- Get informed...know the facts about substances
- Reach out....do not wait until it feels serious

(practical steps, keep open communication, set clear but fair boundaries, stay calm, monitor don't snoop, seek professional advice early)

Where to get support

- Cranstoun (Drug Awareness Scheme, Drug Diversion Scheme - www.cranstoun.org.uk)
- Talk to Frank (0300 123 6600, www.talktofrank.com)
- Daniel Spargo-Mobbs Foundation (www.dsmfoundation.org.uk)
- DrugWise promotes evidence-based information on drugs, alcohol, tobacco
- We Are With You: www.wearewithyou.org.uk 01202 558855

This guide was produced in partnership with Cranstoun, to help parents feel more confident and informed. You are not alone..... support is available